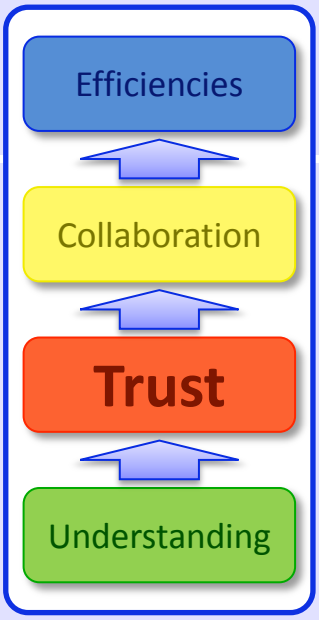
Trust 360°
Workshop



Organizational performance and success depend on individual, team, departmental and divisional innovation and efficiencies, which in turn depend on the efficacy of collaboration, which further depends on Trust. Trust depends on understanding and appreciating life, oneself, co-workers and organizational mission and vision.

Trust 360° workshop helps develop four vital types of trust among your human force (i.e., work force) using exclusive, innovative, powerful and proven concepts:

Type of Trust	Concept
• **Trust in Life**	Life 360°
• **Trust in Oneself**	Life Quadrant
• **Trust in Co-workers**	Colors
• **Trust in the Organizational Vision and Mission**	Fractals

Life 360°: The phrase 'work / life' balance subtly implies that work is different from life, which is not true. Rather, work is and can be appreciated as an integral part of life.

Everyone leads four lives: Personal life, Professional Life, Social Life and Spiritual Life. These are not independent of each other, rather draw from each other and enrich and enhance each other.

This workshop teaches how to integrate, balance and enjoy all the four lives. It helps one become a stronger and more balanced individual as well as Professional.

Life Quadrant: Every one has their own trajectory of life and career. People are constantly worried whether their trajectory is on the right track or not.

The concept of Life Quadrant gives a framework against which one can evaluate one's own trajectory of life and compare it with the other possible trajectories of life, in an objective manner.

It helps one become more realistic and appreciative of the current trajectory of life and plan for a better trajectory in future. It also motivates them to become more involved in life and career and do the right thing.

Colors: This concept describes the four fundamental human energies, a.k.a. colors, that are the basis for the diversity and richness of human experience.

Every human being is endowed with one of these four energies in a higher proportion than the other three, which becomes one's dominant energy.

Interaction and collaboration among people with different dominant energies is inherently stressful, frustrating, unproductive and inefficient. It leads to disillusionment about life in general and professional life in particular.

This workshop trains the participants to recognize, understand and appreciate all the four energies, which leads to enjoyable, productive and efficient collaborations among people with different dominant energies.

Fractals: The mission and vision of an organization can easily dilute into empty and meaningless words as they percolate down through the layers of organizational hierarchy.

The concept of Fractals helps every one clearly relate their day-to-day work responsibilities to the Organizational vision and mission, regardless of the number of layers of hierarchy in between.

One's clarity about one's own role and place in the larger objectives of the organization enables one to give the best one can.

For more information about the workshop,

visit
www.human4ce.com

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