www.medhajananam.org

Medha Janam

यद् ज्ञात्वा नेह भूयोऽन्यत् ज्ञातव्यमवशिष्यते - Gita 7.2

Ayurveda for the mind.

Cleanses, Balances, Refreshes and Rejuvenates.

Our unity becomes apparent in everything we do.
- Charles Semelka

I know myself better now.
- Gayatri Mantha

Medha Jananam is transformative.
- Sashi Tadinada

Evokes tools within you to promote growth.
- Sinead Corrigan

I wish I had taken it 20 years ago.
- Many others

Contacts:

Nagarajan TM 701-367-7177
thoppey@gmail.com

Charles Semelka 919-602-7409
ctasemelka@yahoo.com

Nandita Akunuri 646-388-1379
nandita1312@gmail.com

Gayatri Mantha 919-986-1134
mantha.gayatri@gmail.com

Core workshops:

1. **Welcome to Universe**
   Get a fascinating view of the world inside of you and outside of you using the concepts of Organisms, Cycles, Fractals, Brahman, Om, Pancha Kosa (Five Layers) and Three Runams.
2. **Welcome to Life**
   Understand the four personality types and improve your effectiveness in interactions with your spouse, children, co-workers, employees and customers, using the concepts of the four energy types (chaturvarnam) and four petals (purushardhas).

Applied workshops:

3. **Welcome to Marriage and Family**
   Get the tools needed to make your marriage and family the best, using the concepts of prakriti/purusha, energy types and Pancha Kosa.
4. **Welcome to Career, Business and Leadership**
   Advance in your career and business, using the concepts of organisms, fractals, and energy types

Special workshops:

5. **Welcome to Hindu Practices and Spirituality**
   Get a well rounded introduction and answers to your questions about Hinduism.
6. **Welcome to World Religions and Systems**
   Get a comprehensive introduction to Dharmic and Abrahamic religions, open and closed systems , caste system and social divisions.
7. **Welcome again to Sciences and Humanities**
   See the socio, economic, political and psychological theories under a new light.

Workshops are based on Dharmic Thought and Framework of AUM.
See www.medhajananam.org for details.

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