Colorful Humanity

(The four primal energies)

A two-day workshop based on 5000+ year old chaturvarna concept of India

Description

Nature gives us a variety of foods. Each cultures uses them to make many more variety of dishes. But, all of them have the same few basic nutrients, the carbohydrates, the proteins, the fats and the micro-nutrients - as discovered by the scientists of the modern times.

Similarly, humans are diverse by nature. Each culture endows them with characteristics that make them more diverse. But there are only **four primal energies** that flow through all of them - as discovered by the sages of India, 5000+ years ago. They called the energies as 'Chaturvarna' or 'four personality colors'.

The knowledge of nutrients is essential to understand foods and be healthy. The knowledge of energies is vital to understand people and enjoy humanity.

Benefits

In this workshop you will learn about the four energies, identify your personality color, and understand the dynamics of colors in the context of family, society and spirituality.

You will walk out of the workshop with new eyes. It will deepen your relationships with your family members. It will make your professional relationships richer and effective.

It will improve your understanding of people and the world, by orders of magnitude. You will feel more at ease with the world. And the world will feel more at ease with you.

History

This workshop on personality colors has been conducted several times in USA and India, since 2009. The blogs on the website (www.medhajananam.org/tm) contain the feedback from many of the previous participants, that show how the knowledge of colors helped, and even changed, their lives in multiple ways.

Outline

Day 1: Participants will be introduced to the four energies in a systematic manner. They will be guided to identify their own personality color using several commonly occurring patterns in life.

Day 2: On the second day, the knowledge of colors is discussed in the context of family, workplace, society and spirituality, so that you can start using the knowledge of colors in all spheres of life, immediately !

Eligibility

Ages 25 and above, from any background.

Registration Fee

$50 ($15 for students). You may qualify for free registration, ask how.

Offered by Medha Jananam

www.medhajananam.org

For details of the dates and venue, contact:

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