

Sri Venkateswara Temple of North Carolina



Know Your Child

PARENTING WORKSHOPS

For the parents of 6 to 16 year olds.

Every month at SV Temple NC



Each workshop is of 20 hours duration, spread over three Sundays.

First Sunday (9am-5pm)
Second Sunday (9am-5pm)
Third Sunday (9am-2pm)

Workshops are free.
Donations to SVTNC appreciated.
Registration required at www.grihastha.org.

Content:

1. **Sound principles of balanced parenting**
2. **Common gaps and mistakes in parenting**
3. **Parenting style that matches your child's personality**

The workshops covers number of topics
from food and health habits to study habits and academic performance
to social skills, values and morals to concentration and multitasking
to spiritual orientation, confidence and self esteem to college and career planning.

Venue	**Contact**	**Instructor**
9441 Chapel Hill Rd, Cary NC (SV Temple Complex)	Temple office 919-468-0040 parenting@svtemplenc.org	Krishna Sharma 919-636-5472 krishna@grihastha.org

Schedule, registration and details:

www.grihastha.org