

Sri Venkateswara Temple of North Carolina



SV Temple community services organizes:

PARENTING WORKSHOPS

For parents of 5 to 16 years olds.

Maximum Seats:16

Please register before
all the seats are taken!
There is no registration fee.
Donations to SVTNC appreciated.

Register for the workshop at:
http://grihastha.eventbrite.com
Couples may attend together or individually.

How to guide your child regarding academic performance, social skills, spiritual orientation, food habits and so on?

How to understand the needs, strengths, moods and emotions of your growing child?

How to make sure your child has the best childhood in this busy and fast-paced world?

Do everything to make sure that you never have to say: "my first child took the brunt of my bad parenting!"

Workshops schedule:
Every Sunday 9am – 5pm
at SV Temple NC.

OPEN FOR ALL !

Want to know more about these workshops?
Attend a 30 minute
Information Session
For the timings of next info session contact temple office: 919-468-0040

For registration and more details visit:
http://grihastha.eventbrite.com

Venue: 9441 Chapel Hill Rd, Cary NC 27513
SV Temple Complex.

Offered by: www.grihastha.org
Grihastha
Marriage and Family Guidance Center

Contact:
Krishna Sharma
919-636-5472
Krishna@grihastha.org

www.grihastha.org

Grihastha
Marriage and Family Guidance Center

Now offering:

Parenting Workshop

Insights into child psychology

For parents of 5 to 16 years olds.

- How to recognize and support the unique personality of your child?
- How to instill values and spiritual orientation in your child?
- How does the social influences affect the mind of your child?
- How to turn events / activities at home and in the community into tools for learning?
- What can you do to improve the focus and concentration of your child?
- What can you do to improve the multi-tasking capabilities of your child?
- What kind of emotional nutrition does children need and how to provide?
- How is your child coping up with the demands of the school and how can you help?
- And much more …

Duration

- 2 Sundays, 9:00am to 5:00pm

Dates and Venue

- July 20 & 27, Aug 3 & 10, Aug 17 & 24
- 9441 Chapel Hill Rd, Cary NC 27513, SV Temple complex

Instructor

- Krishna Sharma, founder, Grihastha.org and MedhaJananam.org

Registration

- This workshop is open to all and free.
- Pre-registration required. Seats are limited to 16.
  Donations to SV Temple NC are welcome.
- To register, please visit: http://grihastha.eventbrite.com

For more information

- parenting@svtemplenc.org
- www.grihastha.org krishna@grihastha.org

You raise your child only once.
Do a first class job, by getting insights into child psychology.

Parenting using Indic Colors

Two day workshop

Indic Colors is a unique technique, tool and framework to understand people in general and children in particular. This tool is developed by Krishna Sharma. It is being taught since 2009, in USA and India.

Free Information Session
6pm - 7pm

- **Take the guesswork out of raising children**
  - Learn a tool that helps you understand the unique personality of your child / children
- **Children are like saplings**
  - Only a trained mind can tell what they will grow up to be.
  - Only a trained mind will know what type of emotional nourishment each child needs
- **Get answers to the simple but nagging questions**
  - Should you pamper or should you impose strict discipline?
  - What do you do when children feel stressed with the home work given by the school?
  - How to help siblings help each other?

