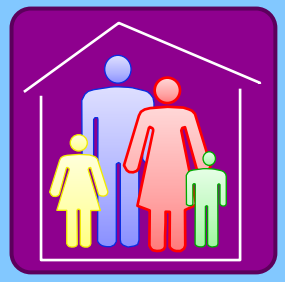
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Grihastha Institute of Family Management

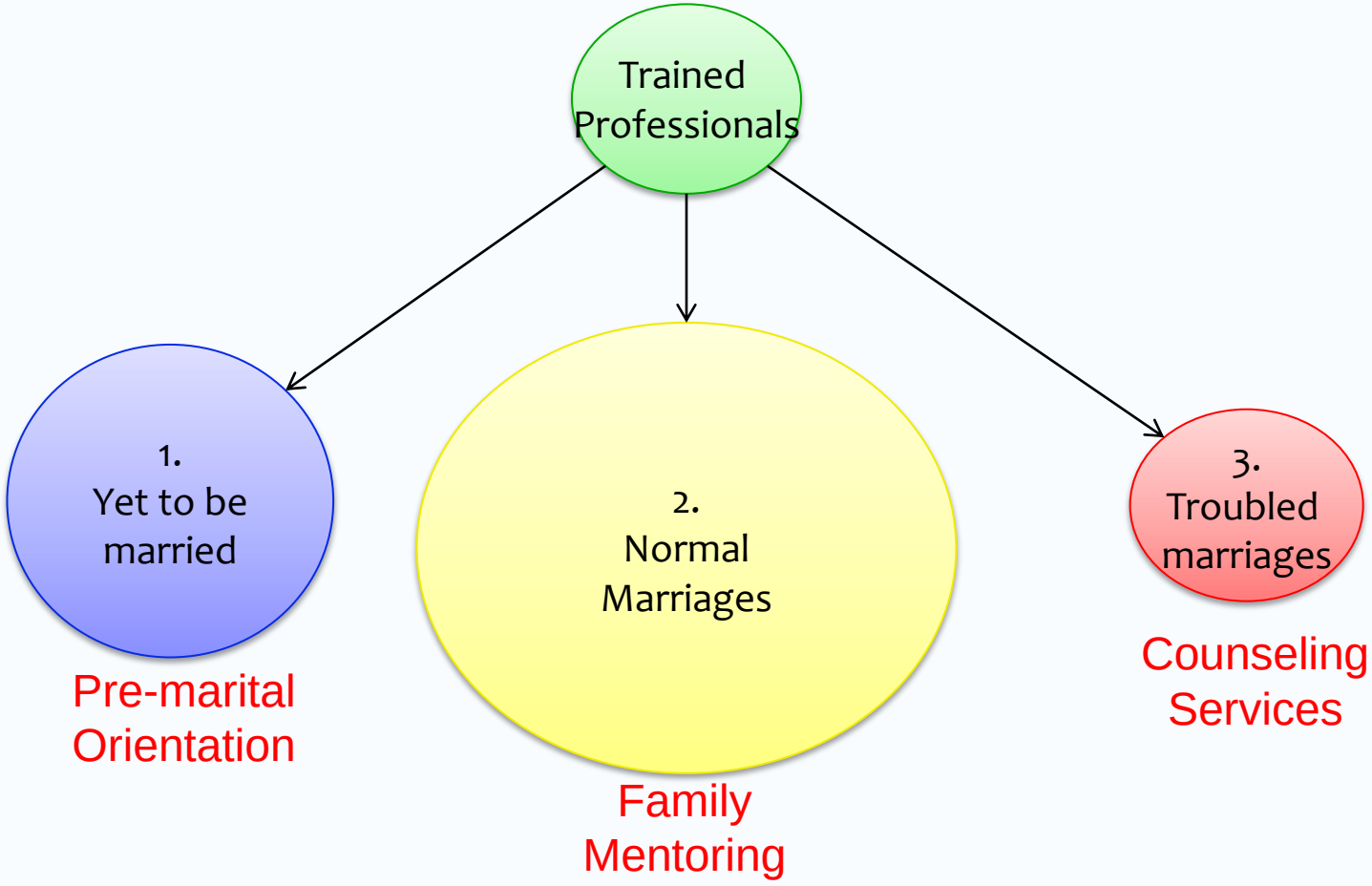
A Social Enterprise of Medha Jananam Foundation

Services and Curriculum

Krishna Sharma

Krishna Sharma - krishna@grihastha.org

Grihastha serves three segments



Krishna Sharma - krishna@grihastha.org

Services details

1. For the Unmarried - Pre-marital orientation services:
   - How to choose the most suitable life partner ?
   - How to transition from being a 'single' to a responsible 'family person' ?
2. For the Married – Family mentoring Services
   - How to understand all angles of the spouse's personality ?
   - How to recognize the unique strengths of children and guide them accordingly ?
   - How to run a family smoothly and keep everyone happy ?
3. For Troubled Marriages - counseling services:
   - How to identify the root cause of the problem ?
   - How to take remedial steps to restore normalcy in the marriage ?

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Curriculum and certifications

Tier 3: Professional Series (Counselors and Instructors)

Professional Certifications

- 301: Sub-cultures
- 302: Astrology/ Numerology
- 303: Legal
- ....

Tier 2: Seven Areas of Family Life Series

Level 2 and 3 Certifications

- 201: Genders
- 202: Children
- 203: In-Laws
- 204: Society
- 205: House/Nutrition /Finances
- 206: Rituals/ Functions
- 207: Balancing

Tier 1: Foundations of Life Series

Level 1 Certification

101: Personality Chart → 102: Gender Equations → 103: Phases of Marriage Life

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